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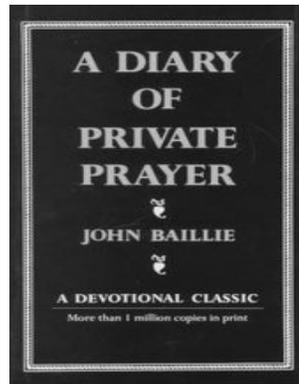
OCTOBER 2015

Faith United Methodist Church
"Engage, Equip, and Empower!"

Volume 2015, Issue 10

May Your Heart Be Encouraged-Pastor Victor

As we walk through our lives, turn on our tv or listen to the radio we can hear and see things that will discourage us and bring our spirits down. God has given us the means of drawing closer to Him and here are two ways He can and will encourage your hearts and lift them upPrayer and Bible Study.



This is one of my favorite devotional books. It always speaks to my heart. Here is an excerpt that I hope will encourage you to explore it further. Enjoy! Pastor Victor

FIRST DAY MORNING

ETERNAL Father of my soul, let my first thought today be of Thee, let my first impulse be to worship Thee, let my first speech be Thy name, let my first action be to kneel before Thee in prayer.

For Thy perfect wisdom and perfect goodness:

For the love wherewith Thou lovest mankind:

For the love wherewith Thou lovest me:

For the great and mysterious opportunity in my life:

For the indwelling of Thy Spirit in my heart:

For the sevenfold gifts of Thy Spirit:

I praise and worship Thee, O Lord.

Yet let me not, when this morning prayer is said, think my worship ended and spend the day in forgetfulness of Thee. Rather from these moments of quietness let light go forth, and joy, and power, that will remain with me through all the hours of the day:

(Continued on page 5.)

Prayer Requests

Remember our church members & friends who are less mobile and are unable to join us as often as they would like, including:

Colony Court Memory & Care Suites: Ann Swenson, Rosalind Peterson, Gerri Peterson

Colony Court: Millie Groh , Ardella Draheim, Nina Youngberg, Leona Quast, Muriel Jenkins, Paul Krause

Lakeshore Inn: Florence Gutknecht, Hazel Henkensiefken, Don Lohse

Latham Place: Liz Corchran, Deloris Asmus

Morrow Home, Sparta, WI: Marlene Rietfort

Oaklawn Health Care Center: Jim Keller, Bill Brooks

Tower Light, St. Louis Park: Darlene Lynch

Those who also need our prayers: Willie Mahler[Home Hospice]

Prayer Requests from Sunday Worship: Bruce and Deb Hering, Leona Quast, Dave and Joann Egeness, Kookie Kukacka, Peter and Verna Fog, Marilyn Possin, Marlin Olson (Patrice’s Dad), Berts Walker, The Westrum Family, Chuck Youngberg.



“The Mitten Tree”!

I know, I know, it's early-but. ..we need to send SCARVES, HATS, MITTENS, and GLOVES to the Neighborhood Service Center for distribution as soon as the snow flies. Won't you please get those knitting needles out and shop early to help fill up our tree? Both giver and receiver will be blessed! Thank you.

Pumpkin Carving



Pumpkin carving/decorating event will be held Saturday, October 10th at 1:30 at Faith UMC.

Kids and adult carvers are welcome to come and carve their jack-o-lanterns. Pumpkins will be provided.

We had a great group last year and had some fantastic carving and decorating of pumpkins going on. Let’s do it again and make it the Biggest and Best!

We will end the event with hot chocolate and treats. Do come and bring a friend!

United Methodist Women Update

October 2015

Mark Seeley Guest Speaker for Faith United Methodist Church

October 20 at 7:00 pm – Guest Night! Be sure to mark your calendars for this special event and spread the word to your friends and neighbors! Guest speaker will be Mark Seeley, a climatologist and meteorologist from the University of Minnesota. Refreshments served following the program.

Project of the Year 2015 for the Southern Prairie District.

Our local unit of Faith UMC was selected for the Project of the Year 2015 for the Southern Prairie District. In May about 25 women gathered in the fellowship hall for a sew-in. Feminine hygiene products were cut, assembled, and sewn. These products will be distributed to school girls in Haiti, so they may attend school during their menstrual periods. Congratulations and special thanks to Sherry Scholljegerdes for heading up this project.

Fall Bazaar, November 7

The Fall Bazaar is November 7, the first weekend in November. This year promises to be “the biggest and best”. We are looking for homemade crafts: embroidered dish towels, crocheted doilies, hand-painted items, Christmas decorations, wreaths, etc.

Silent Auction items are needed for our Bazaar, so start thinking what you might have to offer. Some ideas would be: theme baskets, fix a “spa” basket, woodworking projects, antiques (clean-out time), a floral arrangement 4 times a year, new crafts, wall hangings, donate home-made cakes or a couple dozen cookies during the year, home decorations, special items of value and any ideas that could raise money for missions.

We will have a few items to start bidding on Sunday the week before the Bazaar so bring items starting Saturday October 31st from 10- 12 or bring Friday Nov 6th from 10-12.

The final bidding will take place at noon on the day of the bazaar when the highest bidder may pick up their item.

For more information on the Silent Auction call 833-5182, Shirley Burdick.

The Bake Sale can be cookies, pies, brownies, candy, snacks etc. What is your favorite goody?

We will be making our famous vegetable beef soup, along with fresh baked bread and homemade pies. Included in our bazaar will be a Silent Auction, homemade crafts, bake sale, cookie sale, “slightly used” items. Invite your family, friends, and neighbors. We need lots of volunteers, Watch for clipboards to donate soup ingredients, time and money. It's a fun event; from planning the event, making the soup, setting the tables, greeting the folks, lots of laughs and fellowship.

If you have questions contact Barbara Friedl, Shirley Hansen, Sherry Scholljegerdes, Linda Lohse, Roberta Walker, Shirley Burdick or any UMW member.

Sunday Fellowship

We are in need of volunteers for serving Sunday morning fellowship following the worship service. I schedule two family units every Sunday with each one providing 6 dozen snack items and one gallon of juice. You would be called to serve once every five months. If you are not able to serve, but would like to donate money toward the purchase of snacks, please put your donation in an envelope marked “Fellowship Friends” and place it in the offering plate any Sunday morning.

We would like to keep after worship fellowship going as long as possible. If you have any questions please call Sandy Voshell at 835-4122. We appreciate your support.

Nurse's Notes: Vaccinations-Important

The American public has become more complacent about the importance of vaccinating. The parents of today have not seen for themselves the diseases that caused death and serious illness. The recent Disneyland measles outbreak awakened people to how quickly contagious disease can spread.

I remember the polio outbreak. Being 6 years old, we were all terrified. Our neighbor boy ended up on an iron lung. Every day we took a nap to hopefully increase our resistance to the disease. The Salk vaccine was God-sent.

Let's make sure our children and grandchildren get vaccinated.

Let's make sure our own vaccines are up to date. Next time you're in the doctor's office-ask.

There are two newer vaccines that are recommended-PCV12 which protects against 13 bacteria that cause pneumonia, blood infections, and meningitis; and HPV vaccination which protects against cervical cancer in females and throat cancer in males. This is given before they become sexually active. Just think, preventing cancer! Talk to your doctor about these vaccines, then don't hesitate to get them unless there is a medical reason not to get vaccinated.

P.S. a single dose of shingles vaccine is recommended for adults 60 years of age and older.

"Jesus loves all the little children of the world." Let's hope in the near future, all the children of the world can be vaccinated against diseases.

Happy Fall,
Sherry Scholljegerdes, RN
Your Parish Nurse

Faith Crafters and Stitchers

Faith Crafters and Stitchers will meet Thursday, October 8, from 1:00-3:00 in the Fellowship Hall. Bring a personal project, an idea for a Bazaar project, or just come for the fellowship. Coffee and a snack will be served. Everyone is welcome. Call Sandy Voshell at 835-4122 if you have any questions.

Men of Faith Meeting Minutes

At 6:30 p.m., Les called the meeting with a prayer. He then read an email sent to them from Dave Baldini concerning necessary \$500.00 donation to the HCI team. Paul said that there was approximately \$600.00 in the Men of Faith checkbook. Paul will let Les know exactly how much. The group discussed it and a motion by Paul with Peter Fog seconding to cover the \$500.00 from our checkbook to include the sunrise breakfast funds. Motion passed. We then started discussing the next sunrise breakfast as to how to set up. Those in attendance were Leslie Wells, Peter Fog, Clair Voshell, Roger Walker, and Paul Lohse. It should be noted that men are welcome so that we can have a good discussion as to what we can do as a group. The meeting was adjourned at 7:00 p.m.

Faith UMW Receives Recognition

All UMW units in the MN Conferences were challenged to share their best mission projects. On Sept. 12th, our feminine hygiene kits were chosen as Best in Southern Prairie District. Our unit will be recognized at the Annual Gathering on October 2rd in Alexandria. A gift to Mission for \$15 will be given on our behalf.

Thank you to all who participated in this project. Hats off to you!!

Sherry Scholljegerdes

May Your Heart Be Encouraged

(Continued from page 1.)

Keeping me chaste in thought:

Keeping me temperate and truthful in speech:

Keeping me faithful and diligent in my work:

Keeping me humble in my estimation of myself:

Keeping me honorable and generous in my dealings with others:

Keeping me loyal to every hallowed memory of the past:

Keeping me mindful of my eternal destiny as a child of Thine:

O God, who hast been the Refuge of my fathers through many generations, be my Refuge today in every time and circumstance of need. Be my Guide through all that is dark and doubtful. Be my Guard against all that threatens my spirit's welfare. Be my Strength in time of testing. Gladden my heart with Thy peace, through Jesus Christ my Lord. Amen.

FIRST DAY EVENING

O THOU who art from everlasting to everlasting, I would turn my thoughts to Thee as the hours of darkness and of sleep begin. O sun of my soul, I rejoice to know that all night I shall be under the unsleeping eye of One who dwells in eternal light.

To thy care, O Father, I would now commend my body and my soul. All day Thou has watched over me and thy companionship has filled my heart with peace. Let me not go through any part of this night unaccompanied by Thee.

Give me sound and refreshing sleep:

Give me safety from all perils:

Give me in my sleep freedom from restless dreams:

Give me control of my thoughts, if I should lie awake:

Give me wisdom to remember that the night was made for sleeping, and not for the harboring of anxious or fretful or shameful thoughts.

Give me grace, if, as I lie abed, I think at all, to think upon Thee.

My soul shall be satisfied as with marrow and fatness; and my mouth shall praise thee with joyful lips; when I remember thee upon my bed, and meditate on thee in the night watches.

(Continued on page 6.)

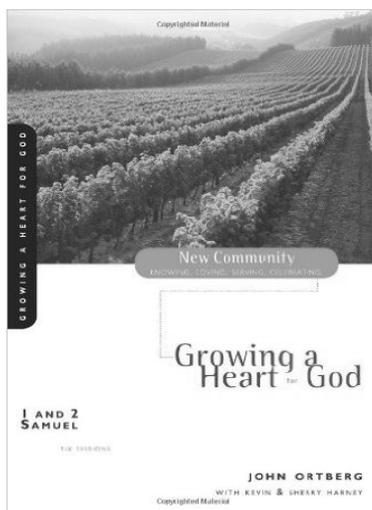
May Your Heart Be Encouraged

(Continued from page 5.)

To Thy care also, O Father, I would commend my friends, beseeching Thee to keep them safe in soul and body, and to be present in their hearts tonight as a Spirit of power and of joy and of restfulness. I pray for...and...and...I pray also for the wider circle of all my associates, my fellow workers, my fellow townsmen and all strangers within our gates; and the great world of men without, to me foreign and unknown, but dear to Thee; through Jesus Christ our common Lord. Amen.



BEGINS OCTOBER 5TH 10 AM IN THE LAKVIEW ROOM



A series from the books of I and II Samuel that looks at the life of David. See how he in spite of his struggles and outright sin, became a man after God's own heart. The study will discuss ways we can grow in our relationship with God and grow to love Him and others more deeply. The class will be led by Berts and Roger Walker and will meet weekly for 6 weeks.

“The Church By The Lake”

Faith Church Coming Events

Pumpkin carving Sat, October 10 1:30 pm

***Guest Night : Dr. Mark Seeley, U of M
Climatologist***

***Tuesday October 20th 7 pm sanctuary and
fellowship hall***

Trunk or Treat

Saturday October 31st 5-8 pm church parking lot.

Fall Bazaar

Saturday November 7 10:00 am-1:00 pm

All are welcome

Any questions call Faith Church at 507-835-3167.



Faith United Methodist Church

"Engage, Equip, and Empower"

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Change Service Requested

MONTHLY MEET-UPS:

Elizabeth Circle

UMW Elizabeth Circle will meet **Wednesday, October 21**, at **2:00 p.m.** in the **Lakeview Room**. Janice Kaupa will be our hostess with Shirley Burdick leading devotions. Visitors and guests are always welcome.

Ruth Circle

UMW Ruth Circle will meet **Wednesday, October 21st**, from **9:30-10:30 a.m.** The location is to be determined.

Mary Circle

Mary Circle will meet **Tuesday, October 20th** at **1:00 p.m.** in the **Lakeview room**. Edy Barber will be hostess. Mary Circle is open to anyone who would like to come. If you need a ride, please call 507-676-3544

Men of Faith

Men of Faith will meet **Thursday, October 8th**, at **6:30 p.m.** in the **Fellowship Hall**.